

RECORDS MASTERS MEN 50

60m (i)	Richard Brooks	7.58	Eltham	05.03.24
100m	Richard Brooks	11.84	Derby	02.09.23
150m	Richard Brooks	18.57	Tonbridge	21.04.25
200m	Richard Brooks	24.45	Woodford	19.08.23
200m(i)	Dave Kemp	25.42	Toru, Poland	26.03.15
300m	Dave Kemp	41.84	Tonbridge	06.04.15
400m	Richard Brooks	53.25	Derby	02.09.23
800m	Reuben Burford	2:15.2	Dartford	28.07.23
1500m	Reuben Burford	4:38.97	Tonbridge	08.08.23
1 mile	Reuben Burford	4:58.53	Gillingham	21.07.23
3000m	Reuben Burford	9:56.08	Watford	23.08.23
5000m	Tony Farmer	17:33.0	Dartford	16.07.97
5 miles	Chris Turner	28.45	Deal	07.11.21
10000m	Tony Farmer	37:20.3	Dartford	11.08.99
100mH	Mike Nunn	22.3	Erith	15.09.01
110mH	Cab Ellis	18.3	Dartford	23.09.07
200mH	Cab Ellis	32.9	Dartford	23.09.07
300mH	Vic Withey	54.2	Dartford	02.10.99
400mH	Peter Field	67.7	Brighton	02.05.81
2000mSC	Vic Withey	8:12.0	Ashford	12.05.01
3000mSC	Tim Orr	11:16.5	Peterborough	19.05.77
HJ	Gary Capon	1.60	Hastings	31.01.10
HJ(i)	Gary Capon	1.65	Lee Valley	29.01.11
LJ	Tony Rose	5.20	Erith	20.09.03
TJ	Cab Ellis	10.51	Erith	13.07.07
PV	Cab Ellis	2.90	Erith	13.07.07
DT	Steve Foxon	36.15	Erith	20.09.03
HT	Steven Talbot	35.78	Dartford	28.06.23
JT	John Fenton	48.47	Birmingham	04.07.09
SP	John Fenton	12.00	Dartford	28.09.08