

RECORDS MASTERS MEN 40

60m	Brian Barker	7.7	Crystal Palace	1979
60m(i)	Dave Kemp	7.56	Eskilstuna	11.03.05
100m	Dave Kemp	11.72	Battersea	13.06.04
150m	Dave Kemp	17.6	Tonbridge	19.04.04
200m	Dave Kemp	23.87	Battersea	13.06.04
200m(i)	Dave Kemp	24.06	Linz	15.03.06
300m	Adam Bernard	38.65	Lee Valley	05.04.25
300m(i)	Adam Bernard	39.20	Lee Valley	09.03.25
400m	Dave Kemp	52.7	Dartford	26.09.04
600m	Arthur Kimber	1:26.9	Battersea	01.08.77
800m	Arthur Kimber	2:00.8	Wolverhampton	26.07.81
800m(i)	Terry Hawkey	2:03.55	Lee Valley	21.02.26
1000m	Arthur Kimber	2:34.0	Deangate	15.04.78
1500m	Sam Coombes	4:04.9	Derby	22.08.21
1 Mile	Craig Sharp	4:33.6	Tooting BEC	01.05.17
3000m	Arthur Kimber	8:50.8	Havering	16.09.81
5000m	Brian Buonvino	15:09.8	Dartford	1983
10000m	Brian Buonvino	32:22.0	Dartford	18.05.82
60mH(i)	Gary Capon	11.7	Eton	18.11.01
110mH	Doug Christie	18.1	Erith	17.09.06
200mH	Doug Christie	32.2	Dartford	23.09.07
300mH	Cab Ellis	46.9	Dartford	23.09.00
400mH	Peter Field	60.3	Cologne	13.09.72
1500mSC	Tim Orr	5:06.2	Kingston	27.06.00
2000mSC	Tim Orr	7:02.2	Eltham	17.05.99
3000mSC	Tim Orr	10:23.8	Eltham	31.07.99
HJ	Paul Oakes	1.75	Croydon	06.06.93
HJ(i)	Gary Capon	1.55	Eton	02.11.03
LJ	Paul Oakes	6.36	Dartford	31.07.93
LJ(i)	Gary Capon	4.84	Eton	02.11.03
TJ	Paul Oakes	12.38	Dartford	31.07.93
TJ(i)	Adam Barnard	9.71	Lee Valley	08.03.26
PV	Keith Turnbull	3.40	Bromley	1991
DT	Dave Payne	35.50	Dartford	31.03.01
HT	David Payne	39.49	Hendon	05.09.99
JT	Keith Turnbull	60.22	Reading	1989
SP	John Fenton	11.66	Dartford	05.04.99
SP(i)	Terry Hawkey	10.32	Lee Valley	21.02.26
Pent	Paul Oakes	3223	Stoke	08.08.93
Pent(i)60m	Gary Capon	2429	Eton	02.11.03