



DHAC Club Champs 2025



TRACK TIMETABLE

Ref	Start Time	Event	Entries	Races	Age
T1	10:00:00	400mH			U17+ (Note – 2 hurdle events max per athlete)
T2	10:10:00	300mH	3	1	U17+ (Note – 2 hurdle events max per athlete)
T3	10:20:00	200mH			U17+ (Note – 2 hurdle events max per athlete)
T4	10:30:00	600m	9	1	Ages 6,7 8 B&G, U11 B&G
T5	10:45:00	200m	5/2	2	Men and Women Senior, Masters
T6	10:55:00	200m	8	2	U20M, U17M
T7	11:05:00	200m	2/4/14/13	7	U20W, U17W, U15G, U13B
T8	11:30:00	200m	13/1/5	4	U15B, U13G, U13B
T9	11:50:00	1500m	6	1	Men and Women U13 and above
T10	12:10:00	300m	8	2	U11 B&G
T11	12:20:00	300m	5	1	Ages 6,7,8 B&G
T12	12:25:00	300m	3/4/11/4	4	U13 B&G, U15G, U17W
T13	12:40:00	300m	4	1	U15B
T14	12:50:00	1200m	9	1	U11 B&G, U13 B&G
T15	13:05:00	400m	5	1	Masters
T16	13:10:00	400m	2	1	Women – U17, U20, Senior
T17	13:15:00	400m	9/1/1	2	Men – U17, U20, Senior
	13:20:00	TRACK BREAK			
T18	14:00:00	100mH	1	1	Women U20, Senior (Note – 2 hurdles events max per athlete)
T19	14:10:00	80mH	5	1	U15B, U17W, Masters W (Note – 1 hurdles event max per athlete)
T20	14:20:00	75mH	3/8	2	U13B & U15G
T21	14:35:00	70mH	6	1	U13G
T22	14:40:00	800m	9M/3W	2	Men and Women U20, Senior & Masters, U17M
T23	15:00:00	800m	4B/8G	2	U15 B&G, U13 B&G
T24	15:20:00	150m	6	1	Ages 6,7,8 B&G
T25	15:25:00	150m	32	6	U11 B&G, U13G
T26	15:45:00	100m	7M/2W	2	Masters M&W
T27	15:50:00	100m	9M	2	Men – U17, U20, Senior
T28	15:55:00	100m	9W	2	Women – U17, U20, Senior
T29	16:05:00	100m	14B/19G	5	U15 B&G
T30	16:20:00	100m	15	2	U13B
T31	16:30:00	75m	10	2	Ages 6,7,8 B&G
T32	16:40:00	75m	13/14	4	U11 B&G
T33	16:50:00	75m	11	2	U13G
T34	17:00:00	Mile	19	1	U13 and above M&W
T35	17:30:00	END			

FIELD TIMETABLE

Ref	Start Time	Event	Entries	Age
F1	09:30:00	Long Jump	22	Ages 6, 7, 8 B & G , U11 B & G
F2	10:00:00	Hammer	11	U13, U15 B U17, U20, Seniors & Masters M
F3	10:00:00	Pole Vault (INVITE ONLY)	17	U11, U13, U15 B & G U17, U20, Seniors & Masters M & W
F4	10:00:00	Shot Put	8	Ages 6, 7, 8 B & G, U11 B & G
F5	11:00:00	Hammer	14	U13, U15 G U17, U20, Seniors & Masters W
F6	11:00:00	Shot Put	15	U17, U20, Seniors & Master M
F7	11:30:00	Long Jump	16	U13, B & G
F8	12:00:00	TURBO Javelin	2	Ages 6, 7, 8 B & G (On back runway of long jump)
F9	12:00:00	Discus	24	U11, 13, 15 G. U17, U20, Seniors & Master W
F10	12:30:00	Shot Put	11	U17, U20, Seniors & Master W
F11	12:30:00	High Jump	8	U17, U20 Seniors & Masters M & W
F12	13:00:00	Long Jump	18	U15 B U17, U20, Seniors & Masters M
F13	13:00:00	Discus	18	U11, 13, 15 M U17, U20, Seniors & Master M
F14	14:00:00	Javelin	23	U13, 15 G. U17, U20, Seniors & Master W
F15	14:30:00	Long Jump	16	U15 G
F16	15:30:00	Javelin	8	U11 B & G 400 grm
F17	15:00:00	Shot Put	16	U13, U15 B & G U17 M & W
F18	15:00:00	High Jump	20	U13 B & G, U15B & G
F19	15:30:00	Long Jump	13	U17, U20, Seniors & Masters W
F20	16:00:00	Javelin	21	U13, 15 B U17, U20, Seniors & Master M
F21	16:30:00	Triple Jump	13	U15 B & G, U17, U20, Senior & Masters M & W
F22	18:00:00	END		

2025 DHAC CLUB CHAMPS

All entries are now CLOSED. **There is NO on the day entry**

The championships will be held on one day under the spirit of UKA rules.

Please register on the day in the clubhouse and collect numbers

All field events will have a minimum of 4 throws/jumps

Track Events - Report to start line 10 mins before start time.

Field Events - Report to event 15mins before start time.

Entries from clubs other than those pre-agreed will be rejected

VOLUNTEERS ARE REQUIRED THROUGHOUT THE DAY - PLEASE EXPECT TO BE ASKED TO GET INVOLVED.

