

RECORDS MASTERS MEN 45

60m (i)	Richard Brooks	7.58	Sutcliffe Park	08.01.23
100m	Richard Brooks	11.91	Erith	18.09.22
150m	Dave Kemp	18.5	Dartford	24.08.11
200m	Dave Kemp	24.6	Bromley	10.06.11
200m(i)	Dave Kemp	24.59	Ancona	27.03.09
300m	Dave Kemp	40.7	Tonbridge	05.05.09
400m	Richard Brooks	54.74	Derby	22.06.22
400m (i)	Stuart McNally	55.7	Lee Valley	06.03.22
600m	Stuart McNally	1:32.52	Dagenham	01.05.22
600m(i)	Stuart McNally	1:32.59	Lee Valley	03.12.23
800m	Arthur Kimber	2:00.85	Strasbourg	16.07.82
800m(i)	Stuart McNally	2:07.66	Lee Valley	13.03.22
1000m	Tony Durey	3:08.03	Dartford	24.08.11
1500m	Arthur Kimber	4:11.35	Strasbourg	14.07.82
1500m(i)	Arthur Kimber	4:22.5	Cosford	13.03.83
1 mile	Arthur Kimber	4:36.7	Barnett	14.08.82
3000m	Arthur Kimber	9:03.4	Dartford	21.06.83
5000m	Arthur Kimber	16:30.4	Eltham	03.08.85
10000m	Tony Farmer	35:28.5	Deangate	08.08.93
110mH	Cab Ellis	18.47	Battersea	29.08.04
200mH	George Challand	35.4	Croydon	08.09.81
400mH	Peter Field	62.1		04.09.76
200mSC	Dave Fisher	8:12.7	Eltham	17.05.99
3000mSC	Tim Orr	11:26.5	Woking	08.07.06
HJ	Gary Capon	1.63	Erith	18.09.05
HJ(i)	Gary Capon	1.60	Lee Valley	02.08.09
LJ	Cab Ellis	5.37	Erith	11.07.05
TJ	Cab Ellis	11.05	Bromley	18.07.03
PV	Cab Ellis	3.10	Deangate	09.05.05
DT	Steve Foxon	31.85	Kings Lynn	15.05.99
HT	Steve Harvey	31.57	Dartford	16.05.98
JT	Keith Turnbull	58.14	Colindale	05.09.93
SP	John Fenton	11.57	Perivale	28.06.03