

## RECORDS WOMEN ROAD RACE WALKING

### U13

1k	Carley Tomlin	5:24	Dublin	11.09.99
2k	Carly Tomlin	10:53	Dartford	06.05.00
2.5k	Natasha Fox	13:37	Bexley	12.10.98

### U15

2k	Natasha Fox	10:30	Sheffield	24.04.99
2.5k	Nicola Phillips	13:18	Bexley	08.02.97
3k	Nicola Phillips	15:20	Sheffield	26.04.97

### U17

3k	Becky Tisshaw	14:39	Dublin	28.09.96
5k	Becky Tisshaw	25:01	Bexley	07.12.96
10k	Nicola Phillips	52:30	Leicester	17.04.99

### U20

3k	Becky Tisshaw	15:26	Dublin	27.09.97
5k	Nicola Phillips	25:33	Monks Hill	22.01.00
10k	Nicola Phillips	51:36	Leamington	24.04.00
7m	Nicola Phillips	60:14	Wimbledon	27.11.99
15k	Clare Reeves	1:22:20	East Molesey	02.03.02
20k	Sarah Foster	1:56:51	East Molesey	25.03.06

### SW

5k	Sarah-Jane Cattermole	26:16	Stockport	05.06.99
10k	Sarah-Jane Cattermole	47:04	Australia	07.01
20k	Sarah-Jane Cattermole	1:41:04	Murdoch, Australia	30.11.03

### W35

3k	Carolyn Watson	17:45	Woodford	16.09.08
5k	Carolyn Watson	27:56	Bexley	12.02.00
10k	Carolyn Watson	60:14	Surrey	09.01.00

### W40

3k	Elizabeth Harris	23:45	Leamington	04.03.01
5k	Elizabeth Harris	38:24	Hackney	25.03.01