

## RECORDS MASTERS WOMEN 55

60m (i)	Teresa Eades	9.26	Lee Valley	15.02.15
80m	Rosemary Champion	14.0	Watford	10.04.02
100m	Teresa May	14.8	Dartford	17.06.15
150m	Teresa May	22.7	Tonbridge	06.04.15
200m	Teresa May	31.3	Bromley	13.06.14
200m (i)	Teresa May	33.0	Lee Valley	08.03.15
300m	Rosemary Champion	62.3	Watford	10.04.02
400m	Pat Halstead	86.0	Deangate	02.05.08
800m	Pat Halstead	2:57.4	Tonbridge	03.06.08
1500m	Pat Halstead	5:44.33	Riccione	07.03.09
1500m (i)	Pat Halstead	5:51.42	Lee Valley	07.03.09
1mile	Pat Halstead	6:18.0	Dartford	14.08.09
1000m	Pat Halstead	11:56.8	Deangate	02.05.08
5000m	Pat Halstead	21:04.96	Ashford	01.06.08
5 miles	Stephanie Wood	40:17	Harvel	28.05.22
60mH	Teresa Eades	11.88	Lee Valley	01.03.15
80mH	Teresa Eades	16.13	Solihull	17.07.16
HJ	Christine Clements	1.33	Dartford	28.09.08
HJ (i)	Teresa Eades	1.32	Poland	23.03.15
LJ	Teresa Eades	4.31	Birmingham	10.08.14
LJ (i)	Teresa Eades	4.15	Lee Valley	21.02.16
TJ	Teresa Eades	9.49	Lee Valley	08.06.14
TJ (i)	Teresa Eades	9.43	Budapest	27.03.14
PV	Teresa Eades	2.65	Dartford	24.09.17
PV (i)	Teresa Eades	2.50	Budapest	26.03.14
DT	Rosemary Champion	23.87	Dartford	31.03.01
HT	Anne Goad	26.91	Eltham	28.04.14
JT	Anne Thacker	27.16	Bromley	15.06.18
SP	Anne Thatcher	9.31	Bromley	10.06.16
SP (i)	Anne Thacker	8.75	Lee Valley	25.02.18
Pent (i)	Christine Clements	3124	Lee Valley	24.01.10