

Field Timetable - Saturday & Sunday 12th & 13th September					
Day	Field Event	Registration	Arena Entry	Event Start	Age Group
Saturday	Long Jump	11.15-11.45am	12.00pm	12.20pm	U17, U20, Sen & Master Women
Saturday	Hammer	12.05-12.35pm	12.50pm	1.10pm	U13, U15 & U17 Males & Female
Saturday	Long Jump	1.25-1.55pm	2.10pm	2.30pm	U17, U20, Sen & Master Men
Saturday	Shot Put	2.00-2.30pm	2.40pm	3.00pm	U13 Boys & Girls
Saturday	Shot Put	2.40-3.20pm	3.35pm	3.55pm	U15 Boys & Girls
Saturday	Shot Put	3.50-4.20pm	4.35pm	4.40pm	U17 Men & Women
Sunday	Long Jump	11.10 - 11.50am	12.00pm	12.20pm	U13 & U15 Girls
Sunday	Hammer	12.10 - 12.40pm	12.50pm	1.10pm	Sen & Master Women
Sunday	Hammer	1.10 - 1.50pm	2.00pm	2.20pm	Sen & Master Men
Sunday	Long Jump	1.30 - 2.00pm	2.10pm	2.30pm	U13 & U15 Boys
Sunday	Shot Put	2.30 - 3.00pm	3.10pm	3.30pm	U20 Men & Women
Sunday	Shot Put	3.15 - 3.45pm	3.55pm	4.15pm	Sen & Master Women
Sunday	Shot Put	4.00 - 4.30pm	4.40pm	5.00pm	Sen & Master Men