

RECORDS WOMEN TRACK RACE WALKING

U13

1k	Natasha Fox	5:14.6	Deangate	31.08.98
1.2k	Carley Tomlin	6:29.3	Battersea	27.05.00
2k	Natasha Fox	11:08.8	Derby	31.05.98
2.5k	Charlotte Curtis	15:14.7	Ashford	09.05.98
3k	Natasha Fox	17:21.0	Woodford	25.07.98

U15

1.6k	Nicola Phillips	7:51.2	Battersea	24.05.97
2k	Nicola Phillips	10:04.7	Bromley	10.08.97
2.5k	Nicola Phillips	12:58.9	Crystal Palace	10.05.97
3k	Sarah Foster	15:12.7	Sheffield	20.09.03
5k	Sarah Foster	28:02.0	Wood Green	17.08.03

U17

2k	Becky Tisshaw	9:27.0	Bromley	10.08.97
2.5k	Becky Tisshaw	12:05.5	Deangate	04.06.97
3k	Becky Tisshaw	14:24.0	Dublin	19.07.97
3k(i)	Becky Tisshaw	14:51.86	Chemnitz	01.03.97
5k	Nicola Phillips	25:11.46	Berlin	21.08.99

U20

2k	Nicola Phillips	10:00.7	Dartford	03.10.99
3k	Nicola Phillips	15:39.86	Crystal Palace	13.05.00
3k(i)	Nicola Phillips	14:38.2	Birmingham	06.02.00
5k	Nicola Phillips	27:13.2	Birmingham	16.09.00

SW

1m	Sarah-Jane Cattermole	7:18.04	Perth, Australia	04.12.03
2m	Sarah-Jane Cattermole	9:11.5	Erith	07.05.01
3m	Sarah-Jane Cattermole	14:00.8	Tonbridge	01.04.02
5k	Sarah-Jane Cattermole	24:23.0	Stenning	10.06.01

W35

2k	Carolyn Watson	10:36.5	Bromley	17.04.00
3k	Carolyn Watson	16:32.16	Crystal Palace	14.04.00
3k(i)	Carolyn Watson	16:10.3	Birmingham	26.02.00
5k	Carolyn Watson	30:42.82	Gateshead	06.08.99

W40

2k	Helen Nyberg-Mitroi	12:45.8	Bromley	15.06.18
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W45

2k	Chris Childs	13:06.6	Erith	02.05.08
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W50

2k	Chris Childs	13:27.83	Ashford	01.09.13
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W55

2k	Chris Childs	13:48.6	Bromley	10.06.16
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W65

2k	Maureen Farmer	16:19.3	Ashford	07.07.14
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W70

2k	Val Case	17:54.8	Erith	11.07.08
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