

RECORDS MASTERS WOMEN 55

| | | | | |
|-----------|--------------------|----------|------------|----------|
| 60m (i) | Teresa Eades | 9.26 | Lee Valley | 15.02.15 |
| 80m | Rosemary Champion | 14.0 | Watford | 10.04.02 |
| 100m | Teresa May | 14.8 | Dartford | 17.06.15 |
| 150m | Teresa May | 22.7 | Tonbridge | 06.04.15 |
| 200m | Teresa May | 31.3 | Bromley | 13.06.14 |
| 200m (i) | Teresa May | 33.0 | Lee Valley | 08.03.15 |
| 300m | Rosemary Champion | 62.3 | Watford | 10.04.02 |
| 400m | Pat Halstead | 86.0 | Deangate | 02.05.08 |
| 800m | Pat Halstead | 2:57.4 | Tonbridge | 03.06.08 |
| 1500m | Pat Halstead | 5:44.33 | Riccione | 07.03.09 |
| 1500m (i) | Pat Halstead | 5:51.42 | Lee Valley | 07.03.09 |
| 1mile | Pat Halstead | 6:18.0 | Dartford | 14.08.09 |
| 1000m | Pat Halstead | 11:56.8 | Deangate | 02.05.08 |
| 5000m | Pat Halstead | 21:04.96 | Ashford | 01.06.08 |
| 60mH | Teresa Eades | 11.88 | Lee Valley | 01.03.15 |
| 80mH | Teresa Eades | 16.13 | Solihull | 17.07.16 |
| HJ | Christine Clements | 1.33 | Dartford | 28.09.08 |
| HJ (i) | Teresa Eades | 1.32 | Poland | 23.03.15 |
| LJ | Teresa Eades | 4.31 | Birmingham | 10.08.14 |
| LJ (i) | Teresa Eades | 4.15 | Lee Valley | 21.02.16 |
| TJ | Teresa Eades | 9.49 | Lee Valley | 08.06.14 |
| TJ (i) | Teresa Eades | 9.43 | Budapest | 27.03.14 |
| PV | Teresa Eades | 2.65 | Dartford | 24.09.17 |
| PV (i) | Teresa Eades | 2.50 | Budapest | 26.03.14 |
| DT | Rosemary Champion | 23.87 | Dartford | 31.03.01 |
| HT | Anne Goad | 26.91 | Eltham | 28.04.14 |
| JT | Anne Thacker | 27.16 | Bromley | 15.06.18 |
| SP | Anne Thatcher | 9.31 | Bromley | 10.06.16 |
| SP (i) | Anne Thacker | 8.75 | Lee Valley | 25.02.18 |
| Pent (i) | Christine Clements | 3124 | Lee Valley | 24.01.10 |